



## 2017 IN-PERSON TRAINING

### QUICK GLANCE OVERVIEW

#### Key desired outcomes for physical educators:

- Value the National School Program and impact it can have on their students
- Develop confidence to safely, effectively deliver golf motor skills to their students
- Value the importance of integrating The First Tee Nine Core Values and Nine Healthy Habits objectives as a part of their physical education programs

#### 1. WELCOME (15 MIN)

- Trainer Self-Introduction
- Website review and DVD
- The First Tee (WHO & WHY)
- Clipboard – Show Nine Core Values and Nine Healthy Habits = B&B
- Guest Sponsor/Chapter Speakers
- Group Discussion: Teaching Situations

#### 2. NINE HEALTHY HABITS (15 MIN)

- Participation: Healthy Habit Warm-up Activities: Behaviors and Bridge (B&B)

#### 3. LESSON PLAN ONE (K – 1<sup>ST</sup>) MODEL (25 MIN)

- Participation: Trainer Model Delivery
- Group Discussion: Debrief

#### 4. LOGISTICS AND SAFETY (20 MIN)

- Group Discussion: Station Format
- Participation: Five Layers of Safety
- Group Discussion: Additional Safety Strategies

#### 5. FOUR PEDAGOGICAL METHODS AND TEACHER PRACTICE (1 HR)

- Group Discussion: Four Methods
- Demonstration: Cue Words
- Participation: Teacher Practice

#### 6. EQUIPMENT AND CURRICULUM ORIENTATION (20 MIN)

- Equipment Components
- Curriculum Manual
- Group Discussion: Lesson Plan Overview

#### 7. LESSON PLAN EXPERIENCE (45 MIN)

- Participation: 2<sup>nd</sup>/3<sup>rd</sup> Lesson 2
- Participation: 4<sup>th</sup>/5<sup>th</sup> Lesson 4

#### 8. SUMMARY AND WRAP-UP (25 MIN)

- Group Discussion: Summary
- Test and Training Evaluation/Feedback