



BEST PRACTICE AND LESSON PLAN IDEAS

Category: Core Values Integration

Suggested Grade: 2nd – 5th

Title: Core Value MVP

Submitted by: Kari Walker, Lone Oak Elementary, South Carolina

Equipment/Materials:

- Prize Box with “healthy” prizes (mini hand cleanser, glow in the dark wristbands, reflector bag tags, heart healthy bookmarks, pencils, etc.)
- MVP Award – made from die-cut stars, ribbons, trophies
- Bulletin Board/Wall – to display MVP Awards with core values listed to recognize student achievements
- Core Value posters

Description:

- After our warm-up to begin class, we discuss our core value for the day from the core value posters. We talk about different ways we can demonstrate that specific core value during our First Tee lesson that day. I tell them that is the "main" thing I will be looking for today when I choose my MVP at the end of the day, but in order to get MVP they must also be following the rules of the gym, trying their very best, and using the other core values we may have already talked about in previous lessons.

Throughout the lesson I mark down little things that I notice students doing during class (i.e. for SPORTSMANSHIP I would look for students who are being extra kind to their friends, helping each other, and following the rules; for RESPECT I would look for students who are listening and following directions (respecting the teacher), wearing the proper clothing for P.E. (respecting the rules and themselves), taking care of their equipment (respecting equipment), and listening to their partner (respecting their peers).

At the end of the lesson when we line up and cool down, we review our golf skills for the day and our core value and I ask the students what they saw or did that showed that core value. I then chose one student to be my Most Valuable Player (MVP) according to that criteria. They get to write their name on an MVP trophy, which I staple to my bulletin in the school to recognize them in front of their teachers and peers, and they also get to choose a prize from the prize box.

- Variation (suggestion offered by The First Tee): In some cases, many students may demonstrate core value behaviors during a lesson. One suggestion is to have the students in the class nominate the MVP so that peers recognize the student they think is most deserving. Additionally, students could also vote for the top “5” or for others who also demonstrated award worthy core value behaviors in which case, other awards or a trip to the prize box is given.

Coach Walker's M.V.P.



(Most Valuable Player)

Supports Others and Is a Good Sport

Participates and gives 100%

Always Thinks Safety First

Remembers to Listen & Follow Directions

Kindness Given Will be Kindness Returned



The MVP award goes to _____

Date: _____

CONRATULATIONS on being the
Most Valuable Player today in P.E.
Class! You showed GREAT
Sportsmanship and were truly a
team player. Keep up the good
work. You are a joy to have in class!

~Coach Walker 🏀



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