



BEST PRACTICE AND LESSON PLAN IDEAS

Category: Golf Motor Skills

Suggested Grade: 2nd – 5th

Title: Creative Golf Challenges

Submitted by: Paul Fischenich, Byron Elementary, MN

Equipment/Materials: See Videos

Description:

- I have several ways I have been using the equipment with the First Tee Program. I have attached several videos of using the equipment combined with using other equipment I have in my Physical Education storeroom. The program has been very successful and kids are excited about golf.
- 4th graders putting using hopscotch mats as greens. Students can play, climb the Ladder, (sequential 1, 2, 3,) they can play high points, challenge number. Those are all explained on the video. Lots of other games you can do as well with the mats.
<https://www.youtube.com/watch?v=U1xrNdPXp8c>
- These are 3rd graders in Byron Elementary School in Byron, MN. This is a video of our big Elementary Byron Open. In this video we are practicing putting again. We have a mini-golf course and a chipping station. Kids had a great time.
<https://www.youtube.com/watch?v=5ZgPjIRh3DM>
- In this video we are using the First Tee equipment and some PE mats to practice chipping. These are 2nd graders.
<https://www.youtube.com/watch?v=ABgjd9Tjxrk>
- This has been a very successful addition to our Physical Education Curriculum. The First Tee folks out of Rochester, MN were very helpful in getting us started. Let me know if you need any more information. Let us know if you like the videos or need any more info.